



MEADOWBROOK  
— APPLETON —

## Upcoming Event >>>

**Wed 1:** 9:30 Current Events/ 10:00 Morning Stretch/ 1:30 Bingo

**Thu 2:** 10:00 Volleyball/ 1:30 Ice Cream Social

**Fri 3:** 10:00 Mexico Video/ 1:30 Crafts/ 3:00 Celebrate Cinco de Mayo

**Sat 4:** 10:00 Coffee & News/ 1:30 Open Crafts

**Sun 5:** Church Service – Virtual/Radio/ 1:30 Open Crafts

**Mon 6:** 9:00 Current Event/ 10:00 Morning Stretches/ 1:30 Nurses Day Craft

**Tue 7:** 9:30 Devotions/ 10:00 Tuesday Trivia/ 1:30 Manicures

**Wed 8:** 9:30 Current Events/ 10:00 Morning Stretch/ 1:30 Farkle

**Thu 9:** 10:00 Volleyball/ 1:30 “Hot Potato”

**Fri 10:** 9:30 One on Ones/ 10:00 Coffee w/Friends/ 1:30 Bingo

**Sat 11:** 10:00 Coffee & News/ 1:30 Open Crafts

**Sun 12:** Church Serv - Virtual/Radio/ 1:30 Open Crafts

**Mon 13:** 9:30 Curr Events/ 10:00 AM Stretch/ 1:30 Tie Die/ 70's Day

**Tue 14:** 9:30 Devotions/ 10:00 Ring Toss/ 1:30 80's Trivia/ Name that Tune/ 80's Day

**Wed 15:** 9:30 Curr Events/ 10:00 AM Stretch/ 1:30 Elvis/ 60's Day

**Thu 16:** 10:00 Volleyball/ 1:30 Movie, popcorns & Milkshakes/ 50's Day

**Fri 17:** 9:30 One on Ones/ 10:30 Coffee w/Friends/ 1:30 Bingo/ 90's Day

**Sat 18:** Spa Day/ 1:30 Open Crafts

**Sun 19:** Church Service – Virtual/Radio/ Open Crafts

**Mon 20:** 9:30 Current Events/ 10:00 Morning Stretch/1:30 Gardening

**Tue 21:** 9:30 Devotions/ 10:00 Tuesday Trivia/ 1:30 Jackpot

**Wed 22:** 9:30 Current Events/ 10:00 Morning Stretch/1:30 Wii games

**Thu 23:** 10:00 Volleyball/ 1:30 Baking w/Friends

**Fri 24:** 9:30 One on Ones/ 10:30 Coffee w/Friends/ 1:30 Bingo

**Sat 25:** 10:00 Coffee & Chat/ 1:30 Open Crafts

**Sun 26:** Church Service – Virtual/Radio/ 1:30 Open Crafts

**Mon 27:** 9:30 Current Events/ 10:00 Morning Stretch/1:30 Memorial Day Crafts

**Tue 28:** 9:30 Devotions/ 10:00 Tuesday Trivia/ 1:30 Wine & Canvas

**Wed 29:** 9:30 Curr Events/ 10:00 Morning Stretch/1:30 Family Feud

**Thu 30:** 10:00 Volleyball/ 1:30 Resident Council

**Fri 31:** 9:30 One on Ones/ 10:30 Coffee w/Friends/ 1:30 Bingo

**Daily: 8:30am Morning Visits & Mon – Fri: 3:30 pm Snack Pass**

**Tuesday's Word Games & Puzzles 6:00 pm**

**Wednesday's Beauty/Barbershop**

**Church Service May 8th & 22nd at 3:30 pm**

**Thursday Color Me Calm 6:00 pm**

\*\*\*\* Activities may change\*\*\*\*

# Newsletter

## The Difference Between POA and a Living Will

Planning for the uncertain future is a complex process. Most people believe that drawing up a will is sufficient, but several other documents are necessary to create a comprehensive estate plan that will safeguard a senior's health and finances.

**Will:** A last will and testament indicates how a person's assets (estate) will be distributed among beneficiaries after they pass away.

**Advance Directives:** Advance directives are written instructions and preferences for future medical care in case you are unable to make or communicate decisions (for example, if you are unconscious or mentally incapacitated).

**Living Will:** A living will goes into effect when the person who wrote it is no longer able to communicate their wishes for health care or competent to make such decisions. This document is a type of advance directive that describes how a person wants their emergency care and/or end-of-life care to be managed. Many people have strong opinions regarding life support, and a living will allows one to specify which life-sustaining procedures one does or does not want. It is important to be specific when composing a living will, but it is not possible to describe preferences for all medical scenarios.

### Powers of Attorney (POA)

POA documents allow a person (the principal) to give a trusted individual (the agent) the ability to make decisions on their behalf. A POA can be written to grant an agent the ability to act in very broad terms or to only take specific actions. This document can also be customized to take effect upon its creation (durable POA) or upon the principal's incapacitation (springing POA). If a person becomes incapacitated without drawing up POA documents, their family members may have to go through the long and expensive process of seeking guardianship or conservatorship to be able to manage their affairs.

**Health Care Power of Attorney:** A health care POA document gives a designated person the authority to make medical decisions on behalf of the principal. A medical POA essentially gives someone you trust the ability to oversee your medical care and ensure that your advance directives are followed if you become incapacitated. Without appointing a POA for health care, your family members may not be able to access your medical information or actively participate in decision making.

**Financial Power of Attorney:** This type of POA document gives a designated person the authority to make legal and/or financial decisions on behalf of the principal. Without a financial POA, bills may go unpaid and family members may not be able to access accounts to cover health care costs.

Reference: <https://www.agingcare.com/articles/difference-between-poa-durable-power-of-attorney-living-will-140435.htm>

Let's play!

# Word Scramble: Cinco de Mayo



1. AACMSRA \_\_\_\_\_
2. VOCIRTY \_\_\_\_\_
3. EROMBSOR \_\_\_\_\_
4. CHMIIRAA \_\_\_\_\_
5. ANRCEF \_\_\_\_\_
6. YAM \_\_\_\_\_
7. EPDIR \_\_\_\_\_
8. IATSEF \_\_\_\_\_
9. TROIRSBU \_\_\_\_\_
10. APEUBL \_\_\_\_\_
11. MAOGI \_\_\_\_\_
12. AIPNTA \_\_\_\_\_
13. LIVFAEST \_\_\_\_\_
14. IEMXOC \_\_\_\_\_
15. OMay \_\_\_\_\_
16. CEDAN \_\_\_\_\_
17. OSTAC \_\_\_\_\_
18. SMICU \_\_\_\_\_
19. AEAPDR \_\_\_\_\_
20. ODFO \_\_\_\_\_



## Employee Birthdays

- Taylor F., May 02
- Neka R., May 04
- Brittaney F., May 10
- Alison B., May 13
- Bethany M., May 27
- Kayla E., May 28



## 2024 Fun & National Holidays!

- May 1 May Day
- May 3 Space Day
- May 4 Star Wars Day
- May 4 Herb Day
- May 4 Kentucky Derby Day
- May 5 Cinco de Mayo
- May 5 Lemonade Day
- May 6 Nurses Day
- May 8 National School Nurse Day
- May 9 Lost Sock Memorial Day
- May 10 Clean Up Your Room Day
- May 11 Eat What You Want Day
- May 12 Mother's Day!
- May 13 Apple Pie Day
- May 15 Chocolate Chip Day
- May 15 Police Officer Memorial Day
- May 17 Pizza Party Day
- May 18 Astronomy Day 1st
- May 18 Armed Forces Day
- May 19 May Ray Day
- May 21 Talk Like Yoda Day
- May 24 Scavenger Hunt Day
- May 25 Sing Out Day
- May 25 Towel Day
- May 26 World Lindy Hop Day
- May 27 Memorial Day
- May 28 Hamburger Day
- May 31 Smile Day
- May 31 Macaroon Day

## May also is...

- National Nursing Home Week
- National Nurses Week
- Mental health Month

## Meet our Team >>>

### Welcome our new administrative assistant.

She was born in Scottsbluff, Nebraska and has three siblings, one brother and two sisters.

She has three children and seven grandchildren.

The people are what she enjoys most about role at Meadowbrook.

Some of her hobbies include cooking, camping, and spending time with her family.

Spring is her favorite time of the year because everything is blooming.

If she were to win the lottery, she would keep on working and build a house for herself and one for each of her kids.

*Shawn R.*  
Admin Assistant



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